

2025 Investing Guide

Essential advice
for your financial health



We're here to answer
your questions.



Table of contents

Investment basics

Why diversify your investments?	04
At what age should you start saving for retirement?	05
Do you let your emotions influence your choices?	06
How do financial fluctuations impact your portfolio?	07
Should you hold on to your investments during market fluctuations?	08
How many times have you successfully timed the markets?	09
Should you keep pursuing your goals?	10
The staggered maturities strategy in line with your needs	11
Repay your debts or save: What are your options?	12
Registered plans that meet your needs	13

Saving for education

Do you have a plan for your children's education?	15
Are you fully benefiting from government grants?	16
How do RESPs work?	17
Why save early in an RESP?	18

Saving for a project

Do you have a clear plan for saving for a project?	20
How should you plan a project?	21
How does systematic saving work?	22

Financial health

Do you have enough money to get you through unexpected events?	24
10 tips to reach financial health	25
How do you set up an emergency fund?	26
The 3-box theory	27
Have you thought about risk management?	28

Do you occasionally revise your insurance plan?	29
How to distinguish your different insurance needs	30







Saving for retirement

Are you ready to retire?	32
Have you started planning your retirement?	33
Have you considered these 5 retirement risks?	34
RRSP, TFSA or FHSA?	35
What are the main sources of income during retirement?	36
Have you established a withdrawal strategy?	37
When should you withdraw your pension from the CPP/QPP and OAS?	38
Death without a will: Who will inherit?	39

Our investment solutions

Do you know which saving and investment solutions are right for you?	41
Spectrum of investment solutions	42
Do you know your investor profile?	43
A partner for all your financial needs	44

LEGEND

-  Previous page
-  Next page
-  Enlarge image
-  Additional information
-  Red button at bottom of page: link to an external informational website
-  White button at bottom of page: link to a page of the Investing Guide



Investment

basics

Why diversify your investments?	04
At what age should you start saving for retirement?	05
Do you let your emotions influence your choices?	06
How do financial fluctuations impact your portfolio?	07
Should you hold on to your investments during market fluctuations?	08
How many times have you successfully timed the markets?	09
Should you keep pursuing your goals?	10
The staggered maturities strategy in line with your needs	11
Repay your debts or save: What are your options?	12
Registered plans that meet your needs	13



Why diversify your investments?

The different asset types do not all undergo the same fluctuations. Frequently, bonds are up while stocks are down. The more you diversify the types of assets in your portfolio, the more you reduce the risks associated with market volatility.

Annual return in percentage by asset category in local currency (2008 to 2024)

2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
8.3	52.0	17.6	10.0	16.0	41.3	23.9	21.6	21.1	28.7	4.2	24.8	16.6	27.6	-4.0	22.9	36.4
6.1	35.1	13.0	4.6	15.3	31.7	14.1	19.5	8.1	17.4	1.9	22.9	16.3	25.1	-5.8	19.5	28.7
-14.9	15.6	9.5	4.6	14.2	31.6	11.8	17.7	7.7	16.4	1.3	20.9	14.8	18.0	-7.8	15.7	21.7
-21.2	15.0	9.1	1.0	13.4	14.9	10.6	6.7	7.0	13.8	-0.7	16.5	9.8	11.1	-10.1	12.1	17.9
-27.3	12.5	7.3	-4.6	8.6	13.0	9.1	3.6	4.7	9.7	-1.5	15.6	8.6	10.8	-11.5	11.8	16.6
-28.8	7.4	6.9	-8.7	7.2	4.3	7.0	2.6	1.5	9.1	-5.6	12.9	6.4	-0.9	-12.0	7.3	13.8
-33.0	5.2	3.5	-9.5	3.7	1.8	4.1	2.4	0.9	2.7	-6.5	7.0	5.6	-2.7	-12.2	6.4	5.7
-41.4	4.6	2.6	-16.1	2.1	-1.5	3.0	-8.3	-2.0	0.3	-8.9	3.0	5.2	-3.1	-13.9	4.9	4.1

Click on the numbers in the graph to see the names of the corresponding assets.

- Canadian stocks
- U.S. stocks
- Global stocks
- Emerging markets
- International stocks
- Canadian bonds
- Balanced profile*
- Canada short-term bond

*The Balanced profile is represented by a combination of the following indices: 40% FTSE TMX Universe, 21% S&P/TSX, 21% S&P 500 (\$CA), 12% MSCI EAFE (\$CA), 6% MSCI EM (\$CA).
Source: CIO Office (Data via Refinitiv), from January 1 to December 31.

At what age should you start saving for retirement?



The later you start, the higher your annual contribution will have to be. For example, if you start saving for retirement at age 50, you may have to put aside more than 50% of your yearly gross income. Achieve your goals with ease by beginning as early as possible.

Annual contribution necessary to reach a target amount by age 65

- Starting at age 30 contribution of 18.00% of gross income
- Starting at age 40 contribution of 27.64% of gross income
- Starting at age 50 contribution of 50.39% of gross income



TIP!

A good way to successfully achieve your goals is to set up systematic saving.



Systematic saving

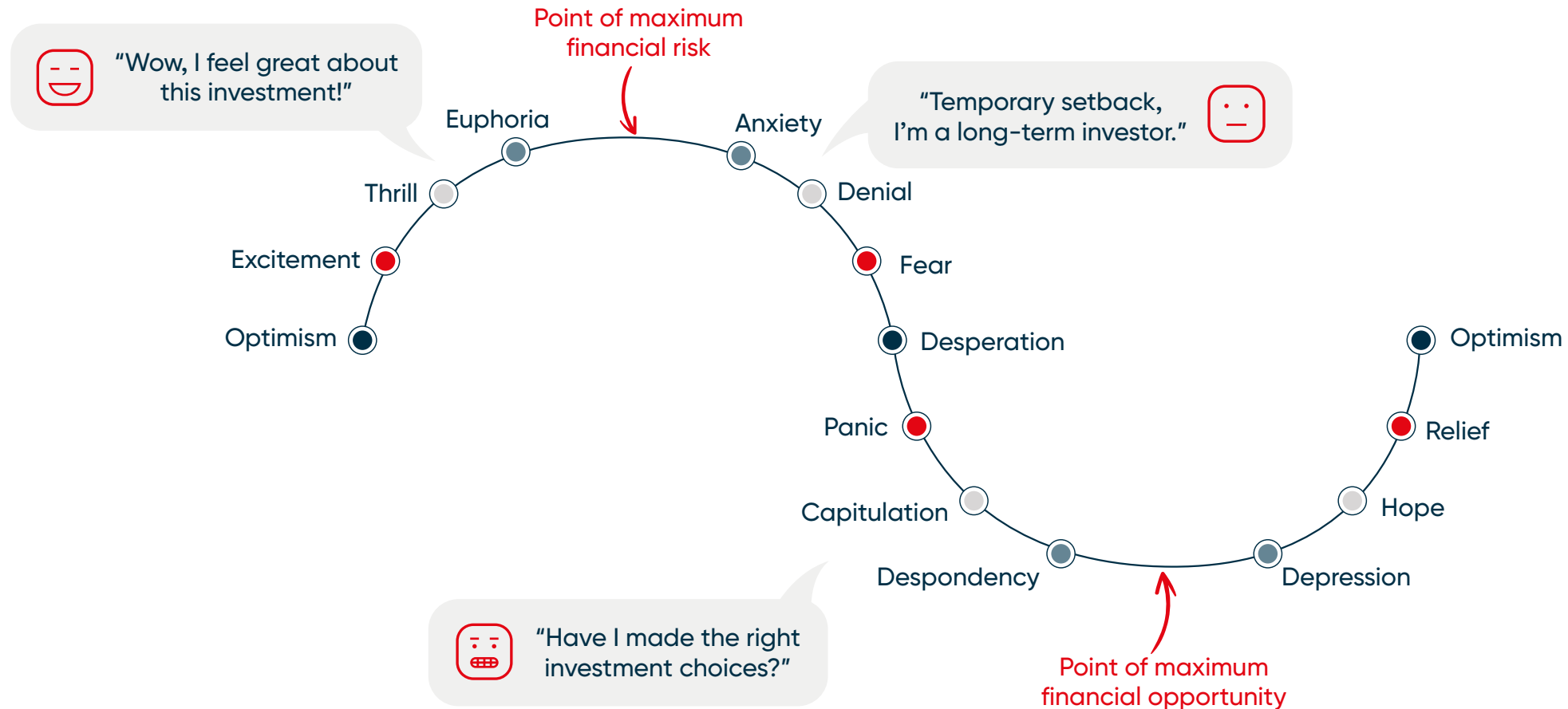
Assumption: Annual RRSP contribution of a person with a salary of \$50,000 that increases by 2% annually. Effective annual return of 3.75%.



Do you let your emotions influence your choices?



Emotions can lead to making rushed decisions when it comes to your investments. To manage your emotions, identify the scenarios (market correction, drop in value of securities, etc.) in which you may act irrationally.

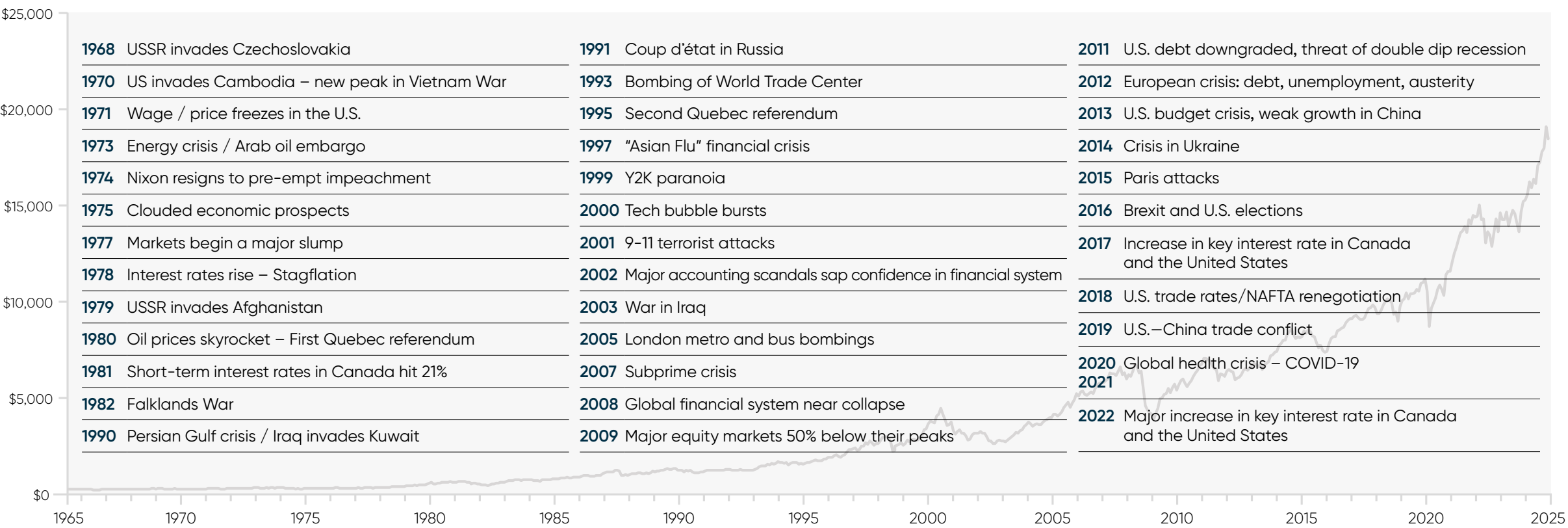


How do financial fluctuations impact your portfolio?



The graph below shows that despite momentary dips during crises, the long-term trend is on the rise.

Growth of \$100 invested in the S&P/TSX Total Return Index



Source: CIO Office (data via Refinitiv). S&P/TSX total return index from August 31, 1965, to December 31, 2024. For more information on the changes to this index, please visit [tsx.com](https://www.tsx.com).



Should you hold on to your investments during market fluctuations?



As the saying goes, a picture is worth a thousand words. As you can see in the graph below, those who stayed invested in the market during the financial crisis of 2008 obtained a much greater yield over 10 years than those who temporarily withdrew their stocks.

- Stayed invested in the stock market
- Exited market and reinvested after 1 year
- Exited market and invested in cash
- Recession

Source: CIO Office (data via Refinitiv, National Bank of Canada and C.D. Howe Institute). S&P/TSX total return index from December 31, 2007, to December 31, 2024.
All values are represented in Canadian dollars. Past performance is no guarantee of future results. This is for illustrative purposes only and not indicative of any investment.
An investment cannot be made directly in an index. Market: S&P/TSX.



How many times have you successfully timed the markets?



In the long run, what truly matters is the frequency of savings and passage of time, not market timing.

- Buying at year low
- Buying at month start (monthly systematic investment)
- Buying at year high

*Annualized money-weighted rate of return.
Source: CIO Office (Data via Refinitiv), from December 1990 to December 2024.



Should you keep pursuing your goals?

Basics

Education

Project

Financial health

Retirement

Solutions



All asset categories undergo variations over time, but in the long term, they tend to evolve favourably. Regardless of your portfolio's composition, it is important to stay the course in pursuing your goals and to think about the long term.

Source: CIO Office (data via Refinitiv, National Bank of Canada). S&P/TSX total return index from September 30, 1977, to December 31, 2024.
For more information on the changes to this index, please visit [tsx.com](https://www.tsx.com).



The staggered maturities strategy in line with your needs

Investing in several GICs with different maturity dates allows you to anticipate fluctuating interest rates while having access to part of your invested principal each year and take advantage of more attractive long-term rates.

		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Year 7	Year 8	Year 9	Year 10
Initial investment \$30,000	\$5,000	Cash solutions									
	\$5,000	1-year GIC	5-year GIC					5-year GIC			
	\$5,000	2-year GIC		5-year GIC					5-year GIC		
	\$5,000	3-year GIC			5-year GIC					5-year GIC	
	\$5,000	4-year GIC				5-year GIC					5-year GIC
	\$5,000	5-year GIC					5-year GIC				

Laddering PLUS

Adding a market-linked GIC to each strategy allows you to increase your potential return with exposure to a diversified equity portfolio or a reference index of low-volatility securities.

Repay your debts or save: What are your options?*

Basics

Education

Project

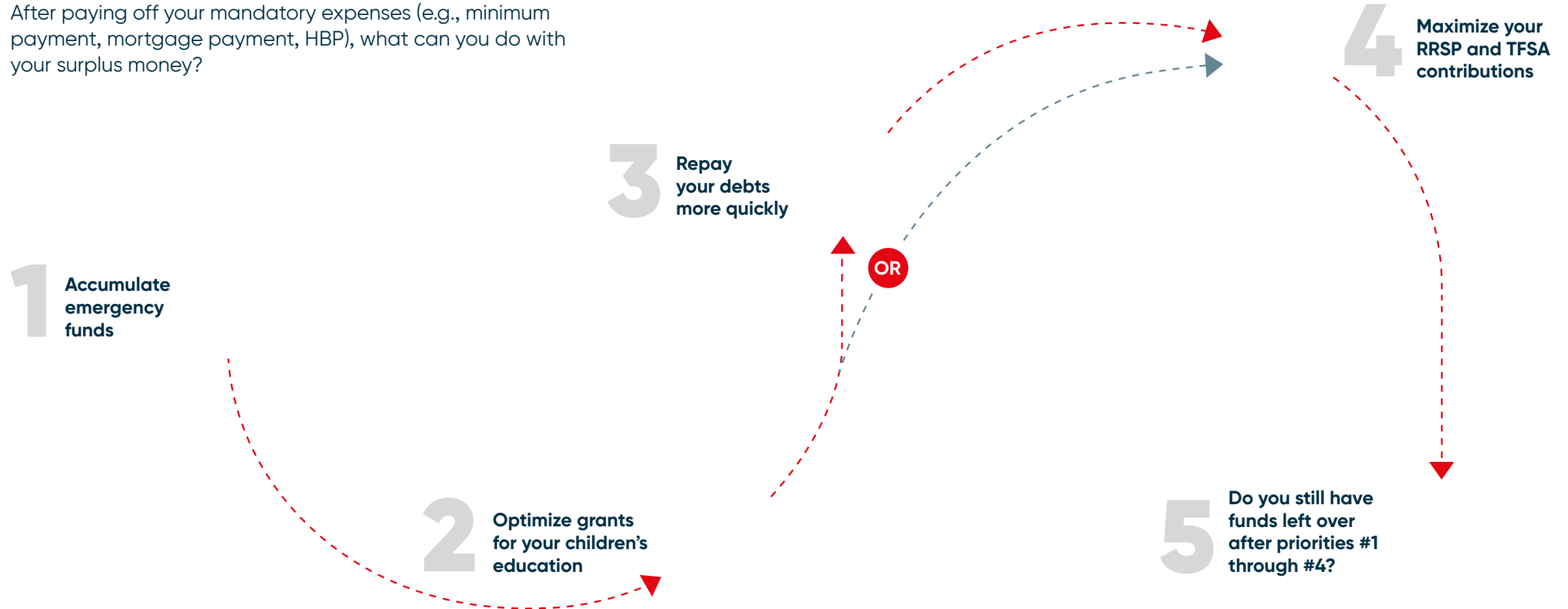
Financial health

Retirement

Solutions



After paying off your mandatory expenses (e.g., minimum payment, mortgage payment, HBP), what can you do with your surplus money?



RRSP, TFSA
or FHSA?



RESP



Our investment
solutions

*Note: These priorities represent those of a majority of clients; they will be adjusted according to each client's situation.

INVESTING GUIDE –
Essential advice for your financial health





Did you know that the government offers incentives with various benefits that can help you grow your money and achieve your goals and dreams? A variety of plans are available, including:

FHSA	RESP	RRSP	TFSA
Buying your first home	Your children's education	Your retirement	Your projects and dreams
BENEFITS			
<ul style="list-style-type: none">› Reduces taxable income› Your savings and earnings grow tax-free	<ul style="list-style-type: none">› Government grants› Your savings and earnings grow tax-free	<ul style="list-style-type: none">› Reduces taxable income› Your savings and earnings grow tax-free	<ul style="list-style-type: none">› Your savings and earnings grow tax-free› Tax-free withdrawals
GOOD TO KNOW			
To be eligible to contribute, you must not have lived in a qualifying home owned by you or your partner this year or within the previous four years.	With an RESP, you can boost your savings with government grants of up to 20–40% of your contributions each year, including the Canada Education Savings Grant (CESG).	The Home Buyers' Plan (HBP) allows you to withdraw up to \$60,000 from your RRSP tax-free to buy your first home.	You can withdraw money from your TFSA for any type of project, whether short- or medium-term.

To take advantage of the tax benefits of the various savings accounts, you must have tax residency in Canada. In other words, you must be a permanent or temporary resident of Canada for tax purposes. You also need to have a social insurance number (SIN).

For more information on registered savings plans and accounts, consult: nbc.ca/savings



Saving for education

Do you have a plan for your children's education?

15

Are you fully benefiting from government grants?

16

How do RESPs work?

17

Why save early in an RESP?

18



Do you have a plan for your children's education?



DID YOU KNOW?

- › **Average tuition** for a full-time undergraduate student in Canada is



\$8,519 for the 2024–2025 school year.¹

- › The **average annual RESP contribution** for children who receive the CESG is **\$1,764**, while **average annual withdrawals** per student stood at **\$10,115** in 2021.²



- › **One out of every two** postsecondary students has student debt upon graduation.³



Questions to ask yourself

How can your children pay for their studies if they don't have between \$10,000 and \$15,000 per year?

- › Do you plan to help pay for your children's postsecondary education?
- › What portion of your children's studies do you plan to pay for?
- › How and how much are you saving for your children's education?

- › What kind of education do you wish for your children?
- › Where do your children want to study, and in which program?
- › Are you fully benefiting from government grants?
- › During their studies, will your children live with you, in a student residence or elsewhere?
- › Have you estimated the potential costs according to the level of studies, housing needs, etc.?
- › Will your children be able to benefit from loans, scholarships or income from a part-time job?

Source: 1. Statistics Canada. Table 37-10-0121-01, *Canadian students, tuition and additional compulsory fees, by level of study*. Reproduced and distributed on an "as is" basis with the permission of Statistics Canada.
2. Canada Education Savings Program – 2021 Annual Statistical Review. 3. Galarneau, Diane and Laura Gibson. 2020. "Trends in student debt of postsecondary graduates in Canada: Results from the National Graduates Survey, 2018". *Insights on Canadian Society*. August. Statistics Canada Catalogue no. 75-006-X.



Prepare a budget



Government grants



RESP



Are you fully benefiting from government grants?

Basics

Education

Project

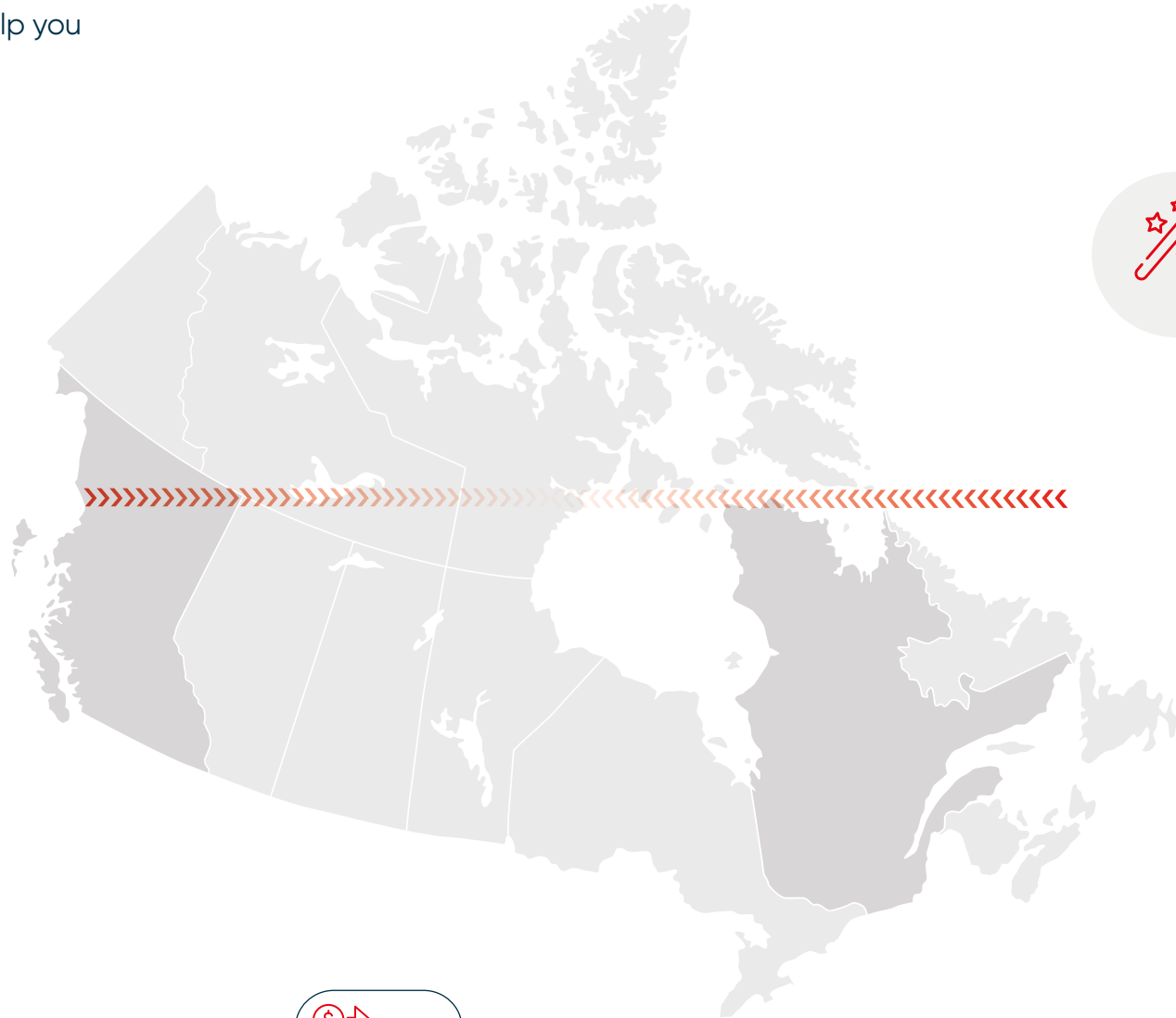
Financial health

Retirement

Solutions



Many government grants exist to help you maximize the RESP contributions.



TIP!

Did you know that the federal government can subsidize up to \$7,200 of your children's education?



An RESP is a registered savings plan that allows you to save for your children’s postsecondary education tax-free. Moreover, government grants can increase your savings by 20% to 40% per year. If you opened your RESP late, or if you don’t save each year, the unused amount can be carried over so you can catch up one year at a time.

Who can contribute?	<ul style="list-style-type: none">› Canadian residents age 18 and over› Holders of a social insurance number
Who can benefit?	<ul style="list-style-type: none">› Canadian residents› Holders of a social insurance number
Beneficiary age limit	<ul style="list-style-type: none">› Family plan: last contribution made before the beneficiary’s 31st birthday› Individual plan: last contribution made before the end of the 31st year after the plan was opened
Maximum contributions	<ul style="list-style-type: none">› \$50,000 per beneficiary for the duration of the plan
End of the plan	<ul style="list-style-type: none">› The RESP must be closed before December 31 in the 35th year after the plan was opened.

Tax
benefits

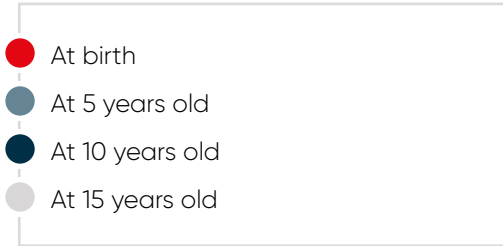
How the
payments work

What happens
if the child does
not pursue
his studies?




It is best to begin investing in an RESP as soon as your child is born, allowing you to benefit from available grants and establish a solid investment strategy. The earlier you invest, the more you promote the growth of your investments.


Annual investment of \$2,500 in an RESP at a 3.75% rate of return*



The Canada Education Savings Grant was added to the annual contributions.



TIP!
Investing a small amount each month is easier than investing a large amount each year.



Systematic saving

*The figures in this chart are assumptions only and are provided to illustrate the potential advantages of investing in an RESP under identical conditions.



Saving for a **project**

Do you have a clear plan for saving for a project?	20
How should you plan a project?	21
How does systematic saving work?	22

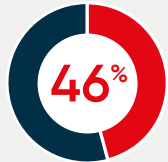


Do you have a clear plan for saving for a project?



DID YOU KNOW?

- › 65% of Canadians have a major purchase or expense planned during the next 3 years.¹



- › 46% of Canadians say saving more helps them reduce stress.²



- › Over half (55%) of Canadians reportedly considered changing jobs in 2021.³

Questions to ask yourself

What short-, medium- or long-term project do you wish to complete?

What have you put in place to complete it?

- › Are you planning to purchase a home soon?
- › Are you dreaming of purchasing a vacation home?
- › Are you thinking of going back to school or taking a sabbatical year?

- › What is your annual budget for travelling or going on vacation?
- › Are you planning construction work or yard landscaping?
- › Tomorrow morning, if you won \$10,000 in the lottery, what would you do?
- › Do you intend to renovate your home?
- › Are you planning a wedding in the coming years?
- › Are you thinking of adopting a pet soon?



How to plan a project

Sources: 1. Key Findings from the 2019 Canadian Financial Capability Survey, Financial Consumer Agency of Canada (FCAC).
2. FP Canada – 2022 Financial Stress Index.
3. Léger study commissioned by Allstate Canada, an insurance company, conducted from October 29 to November 1, 2021.





Examples of projects



Short term

- › Going on a trip
- › Organizing your wedding
- › Repaying your debts



Medium term

- › Making a down payment toward the purchase of a home
- › Renovating your home
- › Taking a sabbatical year



Long term

- › Saving for school
- › Acquiring a vacation home
- › Planning your retirement

1

Define your projects and saving objectives

2

Determine the timeline of each project

3

Prioritize your projects

4

Take advantage of solutions at your disposal (HBP, LLP, FHSA)

5

Choose the investment solutions that suit your goals



TIP!

Investing a small amount each month is easier than investing a large amount each year.



Systematic saving



Save for your children's education



Save for your retirement



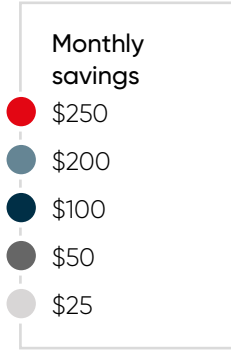
Our investment solutions



Systematic saving consists in setting up automatic debits of a specific amount at specific intervals. For example, you may decide to set aside \$25 per week for an undetermined duration or \$100 per month for one year.

Eligible accounts	Eligible investment solutions	Minimum contribution
<div><div>› Savings account</div><div>› RESP</div><div>› TFSA*</div><div>› RRSP</div><div>› FHSA</div></div>	<div><div>› High-interest savings account</div><div>› Cash equivalent solutions</div><div>› Mutual funds</div></div>	\$25

Evolution of the portfolio value based on the monthly savings amount



4 good reasons to save systematically

- ✓

It's worthwhile: The earlier you start, the quicker your savings will increase.
- ✓

It's accessible: Putting aside smaller amounts regularly is easier than putting aside one big sum all at once.
- ✓

It's simple: Set up automatic debits once, and that's it!
- ✓

It's practical: Choose the frequency and amount that best suit you.

Assumption: Calculation based on an effective return of 3.75%.
*A minimum initial investment of \$1,000 is required before making a systematic investment plan.



Financial health

Do you have enough money to get you through unexpected events?	24
10 tips to reach financial health	25
How do you set up an emergency fund?	26
The 3-box theory	27
Have you thought about risk management?	28
Do you occasionally revise your insurance plan?	29
How to distinguish your different insurance needs	30



Do you have enough money to get you through unexpected events?

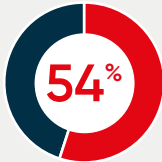


DID YOU KNOW?

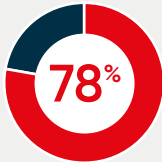


› 1 out of 3 Canadians doesn't have an emergency fund covering the equivalent of 3 months of expenses.¹

› 54% of Canadians say they are living from paycheque to paycheque.²



› 78% of Canadians say their personal financial situation has grown worse because of inflation.²



Questions to ask yourself

According to recommendations by the Institute of Financial Planning, FP Canada and the Canadian government, an emergency fund should be able to cover the equivalent of **3 to 6 months of expenses.**

- › Do you know how much your monthly expenses are?
- › Do you have an emergency fund?
- › Would your emergency fund be able to cover 3 to 6 months of your monthly expenses?

- › What would happen if you developed health problems that prevented you from working?
- › What would happen if someone took \$1,000 from you tomorrow morning?
- › What is your immediate source of funds for unexpected events?
- › Would you be able to spend \$3,000 to repair your car tomorrow morning?
- › What would you do if you lost your job?
- › If you have a pet, do you have enough money for an emergency trip to the vet?



Prepare a budget



How to set up an emergency fund



Insurance needs

Sources: 1. Key Findings from the 2019 Canadian Financial Capability Survey, Financial Consumer Agency of Canada (FCAC).
2. BDO Annual Affordability Index, September 29, 2022.



10 tips to reach financial health



No one is immune to financial problems. Poor planning or going through a tough time, such as a divorce, illness or unemployment, can really tip the scales. Need help? Here are 10 tips to guide you.



Your advisor can accompany and advise you in building a financial plan.

Prefer doing it on your own? Not to worry, our [nbc.ca/advice](https://www.nbc.ca/personal/advice/credit/tips-financial-problems.html) site has everything to support you!



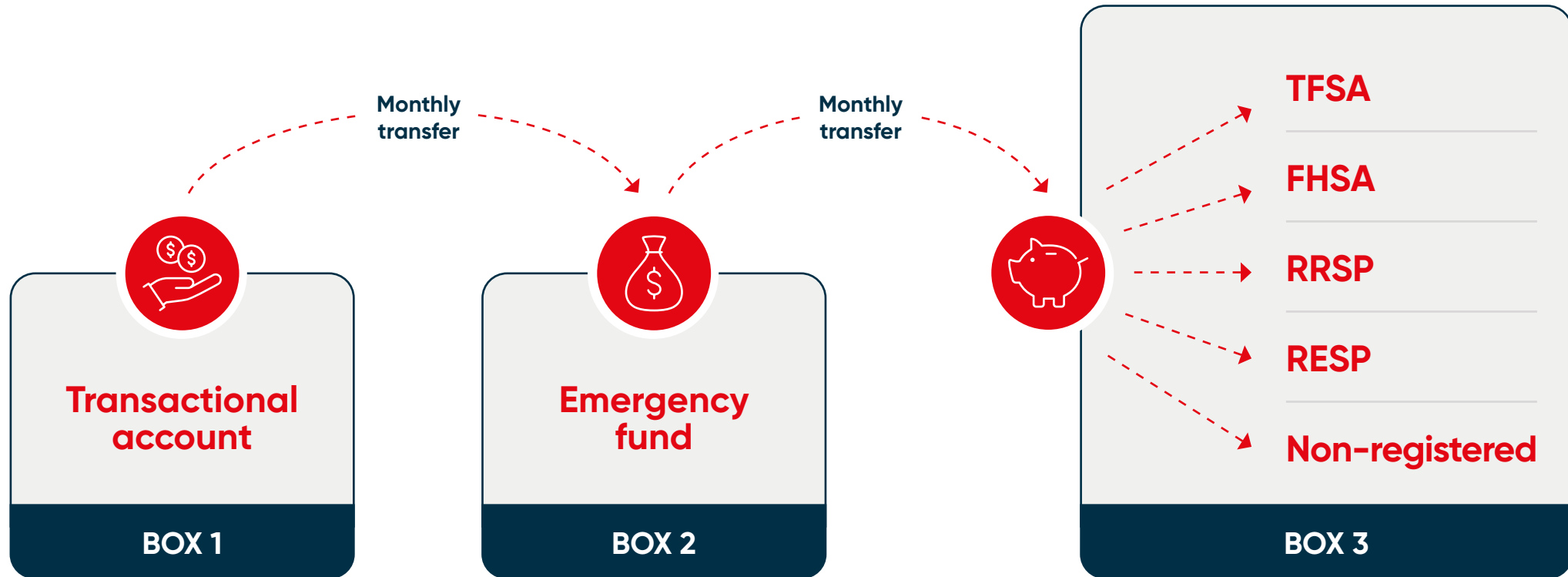
How do you set up an emergency fund?

An emergency fund is an amount of money that you put aside to get through an unexpected event. Don't confuse unexpected expenses with occasional ones, such as back-to-school shopping, buying winter tires or holiday expenses, as these should already be planned in your budget.





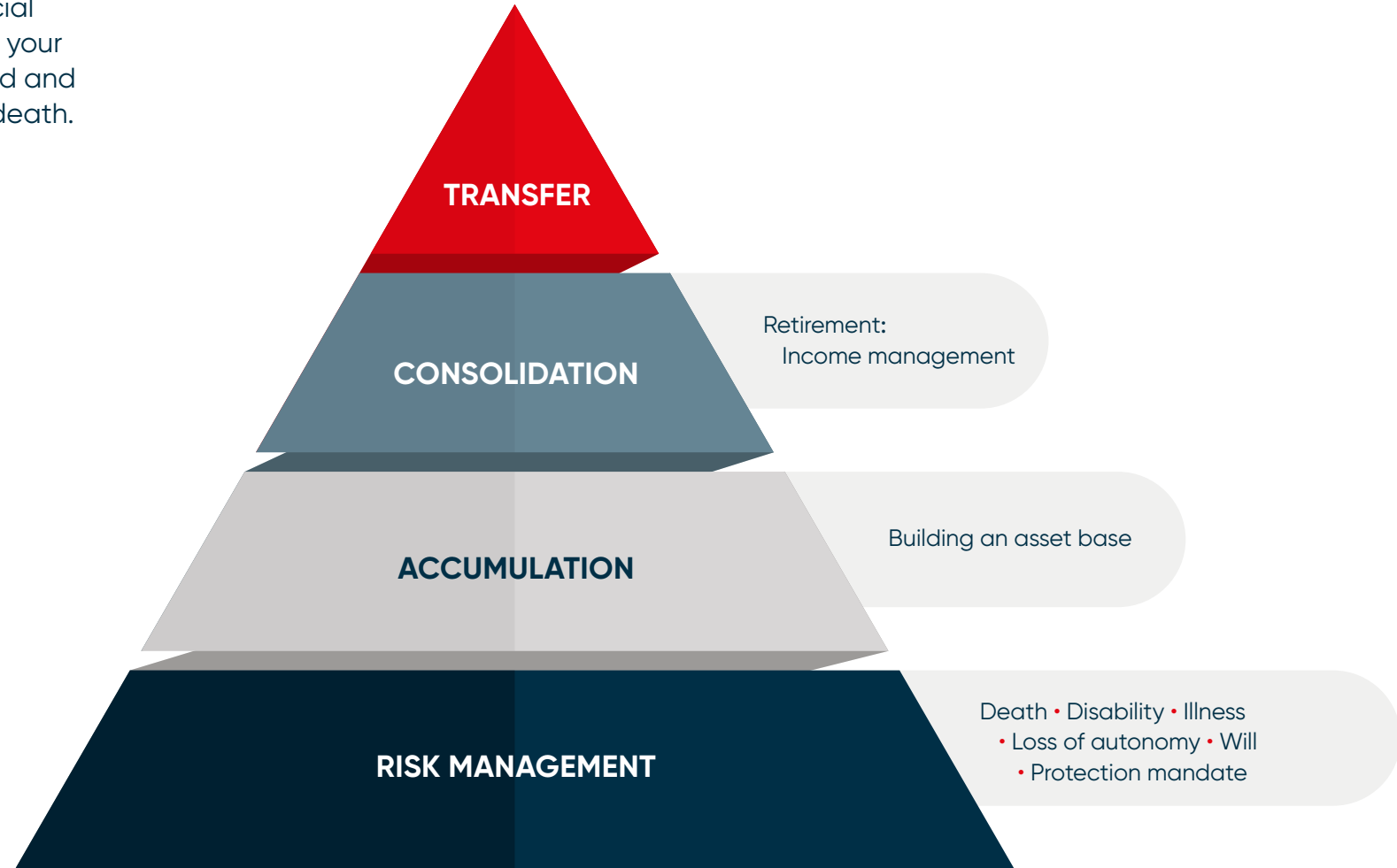
The 3-box theory: a simple strategy to structure your assets effectively. It consists of three distinct boxes:



Have you thought about risk management?



Integrate risk management into your financial planning in order to facilitate the growth of your estate, maintain your way of life once retired and bequeath a part of your estate after your death.



Insurance needs

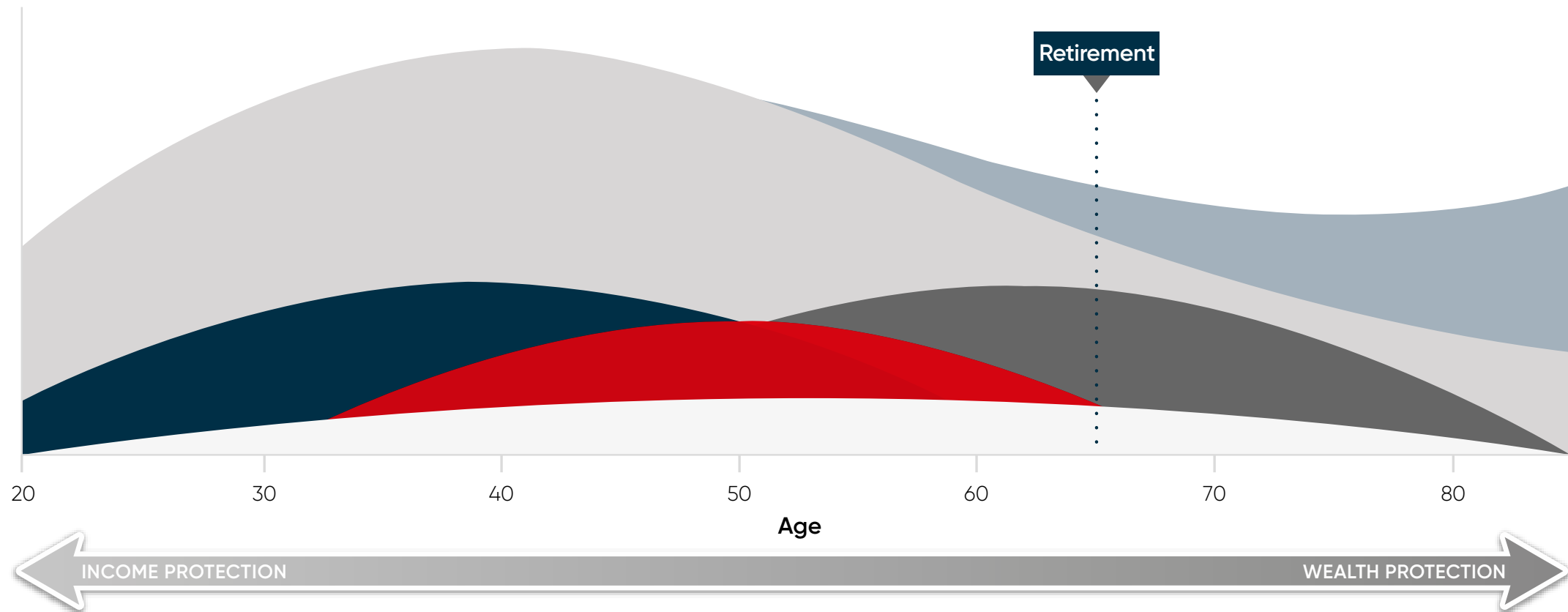


Death without a will:
Who will inherit?



Do you occasionally revise your insurance plan?

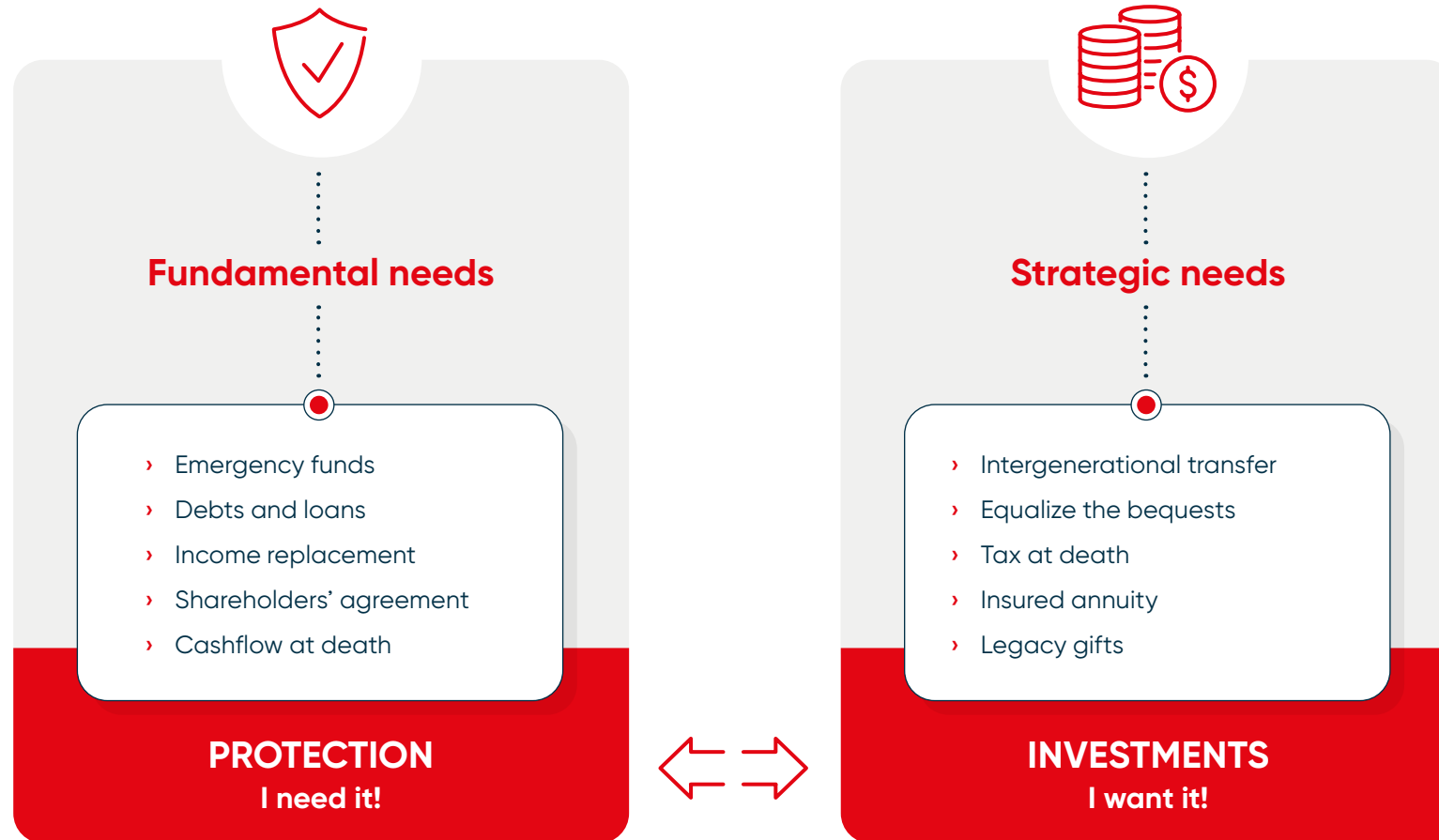
Insurance needs vary with age. It is important to review your coverage to ensure it always suits your needs.



How to distinguish your different insurance needs



Take the time to thoroughly analyze your insurance needs by distinguishing **fundamental** characteristics from **strategic** ones.





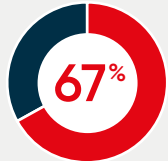
Saving for retirement

Are you ready to retire?	32
Have you started planning your retirement?	33
Have you considered these 5 retirement risks?	34
RRSP, TFSA or FHSA?	35
What are the main sources of income during retirement?	36
Have you established a withdrawal strategy?	37
When should you withdraw your pension from the CPP/QPP and OAS?	38
Death without a will: Who will inherit?	39





DID YOU KNOW?

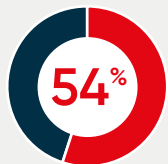


› 67% of Canadians surveyed feel they have fallen behind in their retirement savings.¹

› 72% of Canadians that are currently working with an Advisor



rate their financial well-being to be good to excellent (7 or more out of 10) compared to 48% of households that are not working with an Advisor as of February 2023.²



› 54% of Canadians don't have a retirement plan.¹

Questions to ask yourself

Where do you see yourself in 5, 10, 15 years?

What worries you about retiring?

- › Where will you live out your retirement?
At home? With your children?
In a retirement home?
- › Have you reviewed your insurance coverage?
- › What would you do if you lost your autonomy?

- › At what age do you plan on retiring?
Have you assessed your life expectancy?
- › What kind of lifestyle do you want to have? Have you made a retirement budget?
- › What impact will taxes have on your income? What have you planned in order to pay the least amount of taxes during retirement?
- › Have you already determined if it would be better to invest in a TFSA for your retirement?
- › Have you planned your estate?
- › Do you have a good idea of your income during retirement (pension plan, CPP/QPP, part-time work, rental income, savings, etc.)?



Plan your retirement



5 risks of retirement



RRSP, TFSA or FHSA?

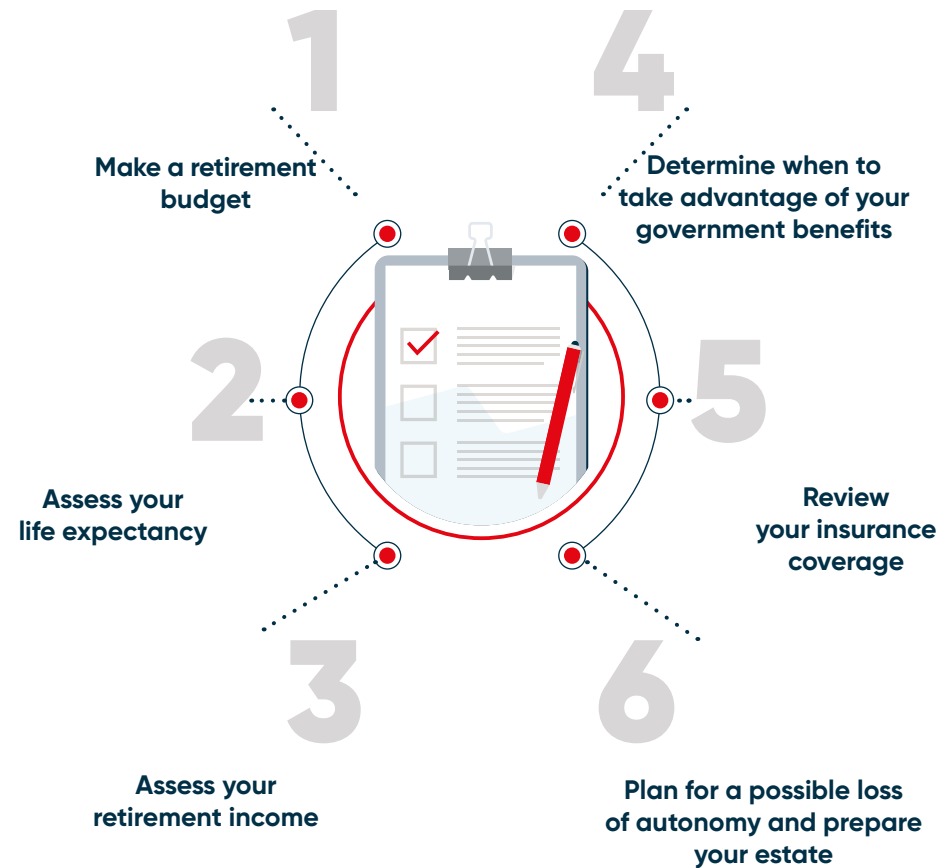
Source: 1. *Financial optimism during the pandemic: Canadians discovering true value of advice and planning* – RBC poll, March 2021. 2. *Financial Planning: A Pathway to Improved Financial Resilience*, Financial Resilience Institute's Full Report, July 2023.



Have you started planning your retirement?



Proper planning is essential to living out a retirement that fulfills your expectations. However, retirement is not just about numbers; it is equally important to take the time to identify your wishes and projects.



Prepare a budget



5 risks of retirement



Sources of income



When to withdraw money from the CPP/QPP and OAS?



Insurance needs



Risk management



Death without a will: Who will inherit?



Have you considered these 5 retirement risks?



1. Underestimating your life expectancy

According to recent statistics, if you are currently 60 years old, you or your partner have a 50% chance of living to the age of 94.



2. Not accounting for inflation

Essential goods undergo the largest fluctuations.



3. Forgetting to plan for healthcare expenses

Starting at age 70, healthcare costs for Canadians tend to nearly double every 10 years.



4. Withdrawing too much money

It is crucial to properly calculate how much money to withdraw so that you don't use up your capital too quickly. In the example chart, we can see that someone who takes out 10% of their assets each year (weighted for inflation) will run out of money at age 80.



5. Only opting for low-risk investments, thereby reducing potential yield

Properly allocating your investments helps make your capital last longer. In the example below, we see that Portfolio C generates a higher yield than Portfolio A for the same level of risk.



Plan your retirement



Sources of income



Withdrawal strategy



It all depends on your situation. An RRSP is a long-term retirement-savings account that is tax-deductible and taxable upon withdrawal. TFSAs are not tax-deductible; however, upon withdrawal, the amount withdrawn is non-taxable. The FHSA is a savings account meant for first-time home purchase. Contrary to RRSPs, withdrawing from a TFSA and a FHSA does not reduce your government benefits. Learn about the main differences and similarities between the three products here.

	RRSP	TFSA	FHSA
Who is eligible?	Any Canadian resident age 71 and under who earned income in the previous year (subject to pension adjustment)	Any Canadian resident aged 18 and over ²	Any Canadian resident between the ages of 18 ⁴ and 71 who, at any prior time in the calendar year or in the preceding 4 calendar years, inhabits as a principal place of residence a qualifying home in Canada or not, owned or co-owned by them or their current spouse or common-law partner
How much is the authorized annual contribution?	18% of income earned up to the allowed annual maximum ¹	\$7,000 ³	\$8,000, with a lifetime limit of \$40,000 ⁵
How is the contribution ceiling indexed?	Indexed for inflation using the Industrial Aggregate average wages and salaries in Canada	According to the Consumer Price Index, rounded to the nearest \$500	This amount will not be adjusted for cost of living or inflation
Can the contributions be deducted from taxable income?	Yes	No	Yes
Are contributions to a spouse permitted?	Yes	No, but a person could make a donation or a loan to their spouse for the latter to contribute to their TFSA ³	No, but a person could make a donation or a loan to their spouse for the latter to contribute to their FHSA ⁵
Is there a penalty for overcontributions?	Yes: 1% per month (a lifetime maximum surplus of \$2,000 is allowed without penalty)	Yes: 1% per month on excess contributions, regardless of when it occurs during the month	Yes: 1% per month on excess contributions, regardless of when it occurs during the month
Are withdrawals taxed?	Yes, except for HBP withdrawals	No	No, if they are applied to the purchase of a first eligible home



1. Source: Canada Revenue Agency website, canada.ca, RRSP Contributions section.
2. Contribution rights begin at age 18, regardless of the province's age of majority.
3. Source: Canada Revenue Agency website, canada.ca, TFSA Contributions section.
4. Depending on the age of majority in the province of residence.
5. Source: Canada Revenue Agency, *Design of the Tax-Free First Home Savings Account*, canada.ca.

What are the main sources of income during retirement?



Your retirement income comes from three main sources: personal savings, private pension plans and government plans. Government plans usually aren't enough to ensure you can maintain your cost of living during retirement. Ensure you save enough money to complement the other sources of income!



PERSONAL SAVINGS

Registered and non-registered investments (RRSP, TFSA, etc.), other personal assets (real estate, etc.)

PRIVATE PENSION PLANS

(pension fund with your employer)

GOVERNMENT PLANS

(Quebec Pension Plan (QPP), Canada Pension Plan (CPP), Old Age Security (OAS) pension, etc.)



RRSP, TFSA
or FHSA?



When to withdraw money
from the CPP/QPP and OAS?



Withdrawal
strategy



Have you established a withdrawal strategy?



The order in which you withdraw your investments significantly affects the duration of your capital. Usually, it is better to withdraw non-registered (NR) investments first.

Hypothesis: Start-up capital distributed equally in an RRSP, a TFSA and non-registered investments. The portfolio is continually rebalanced to 50% in equities (return of 6.5%; 80% capital gains, 20% dividends) and 50% in fixed income (return of 4%). The calculations are made at the margin, assuming a tax rate of 40% and a special tax treatment of capital gains and dividends.



RRSP, TFSA
or FHSA?



When to withdraw money
from the CPP/QPP and OAS?



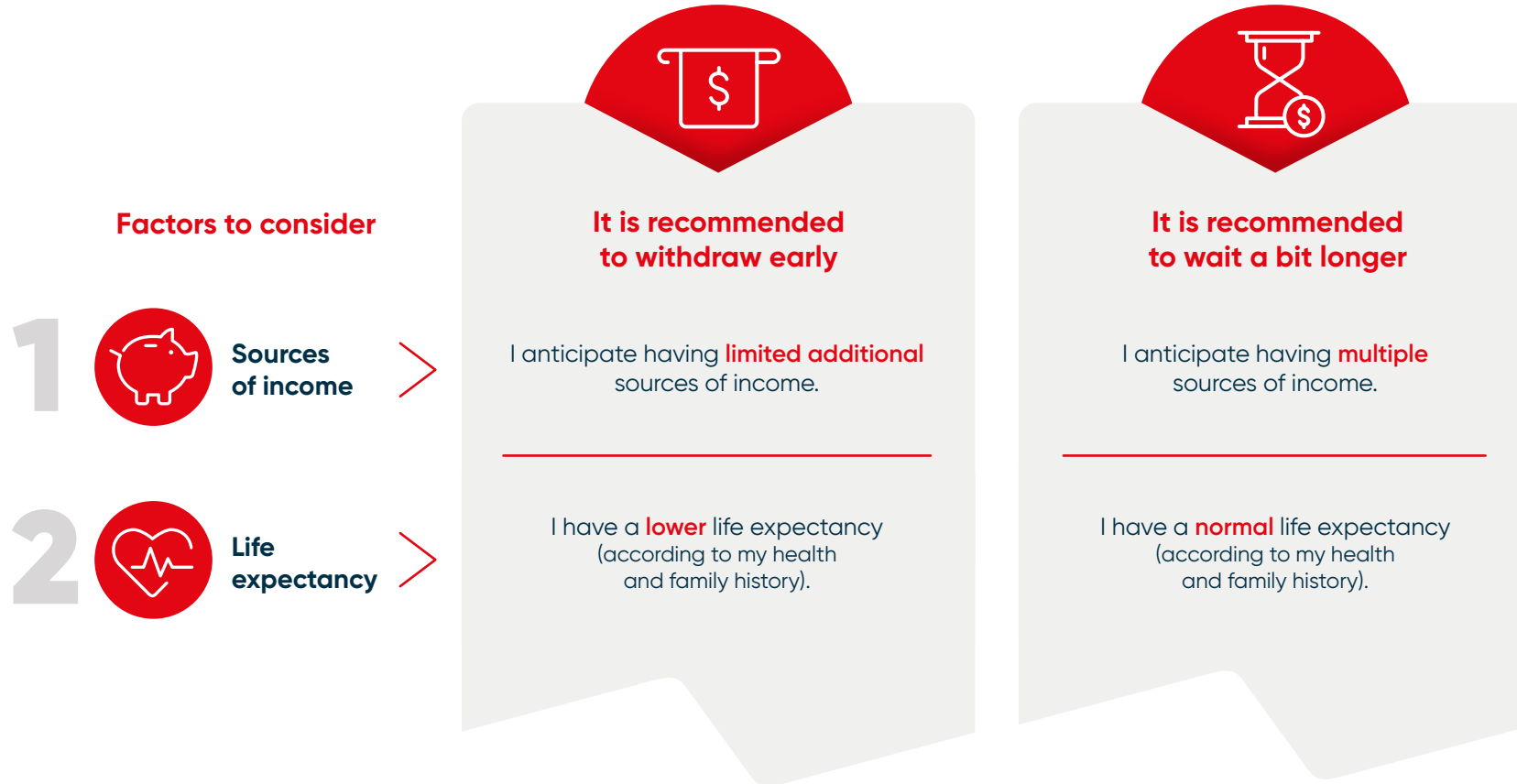
Sources
of income



When should you withdraw your pension from the CPP/QPP¹ and OAS?



There is no perfect formula for calculating the ideal age to withdraw your government pension. It is up to you to assess your personal situation and make decisions according to your needs and priorities.



Sources of income



Withdrawal strategy

Note on OAS: If your gross income will be higher than the OAS clawback threshold at age 65, it's preferable to defer your OAS pension as long as possible. For clients who will receive the GIS, it's recommended to apply for the OAS pension as soon as you are eligible.

1. According to your province of residence.



Legal heirs in Quebec

If you die without a will, your assets will be distributed according to the *Civil Code of Québec*.

Division of an Intestate Estate (Intestacy Rules)

	Legal spouse ¹	Children ²	Mother and father	Brothers/sisters and/or nephews/nieces
With a legal spouse	1/3	2/3		
	2/3	None	1/3	
	2/3	None	None	1/3
	100%	None	None	None
Without a legal spouse ³	None	None	1/2	1/2
	None	None	None	100%
	None	None	100%	None
	None	100%		

1. Under the *Civil Code of Québec*, only legally married spouses, civil union partners, or parental union partners are recognized in cases of intestate distribution.
2. The share of a deceased child reverts to their descendants (children or grandchildren).
3. There are particular laws that protect common-law spouses. Example: pension funds.

Death without a will



Our investment solutions

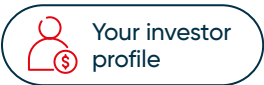
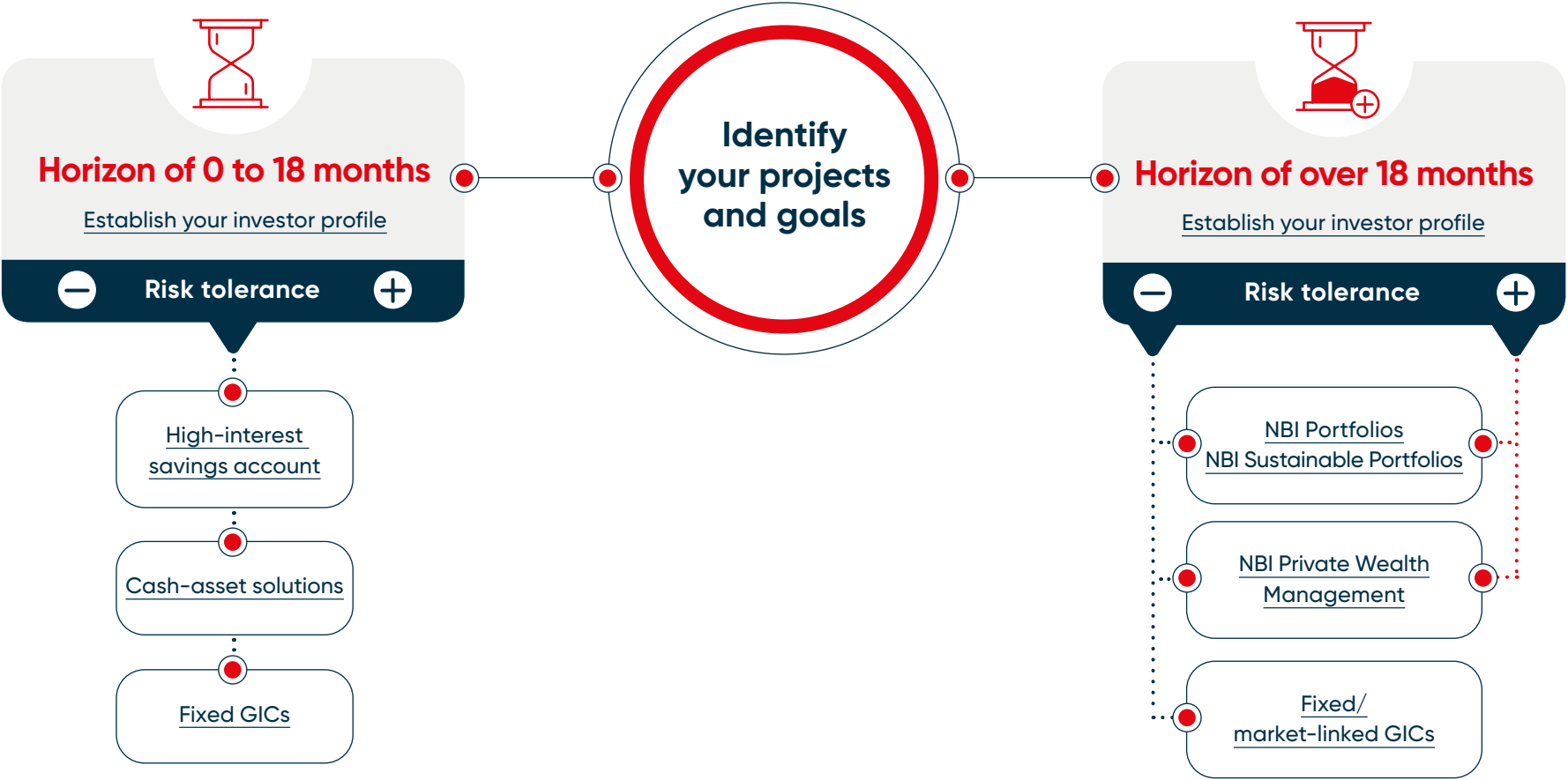
Do you know which saving and investment solutions are right for you?	41
Spectrum of investment solutions	42
Do you know your investor profile?	43
A partner for all your financial needs	44

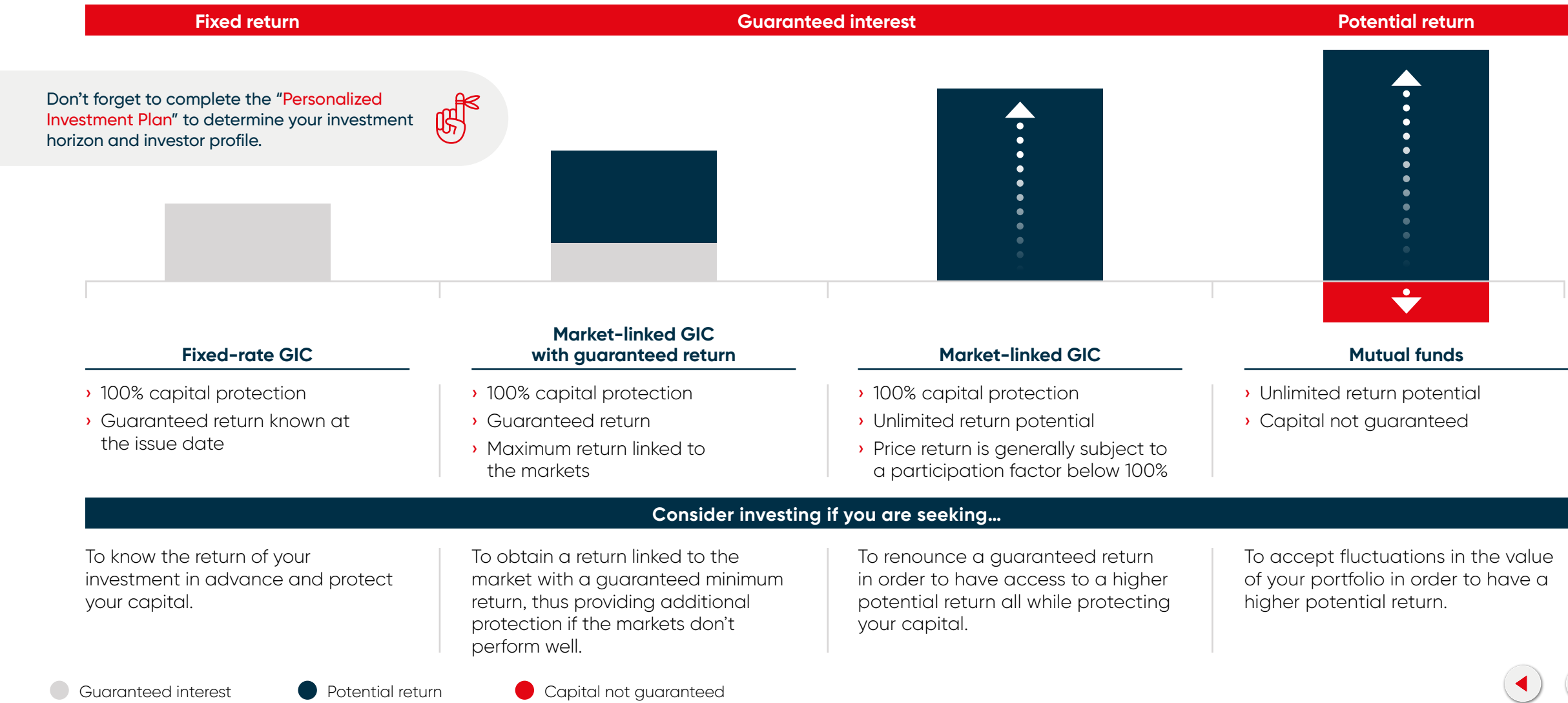


Do you know which saving and investment solutions are right for you?



To know which solutions meet your needs, first identify your projects and goals. Next, ask yourself what your target timeline is, i.e., when you will want to start withdrawing your money. Lastly, the final solution you choose will depend on your risk tolerance and amount to be invested.

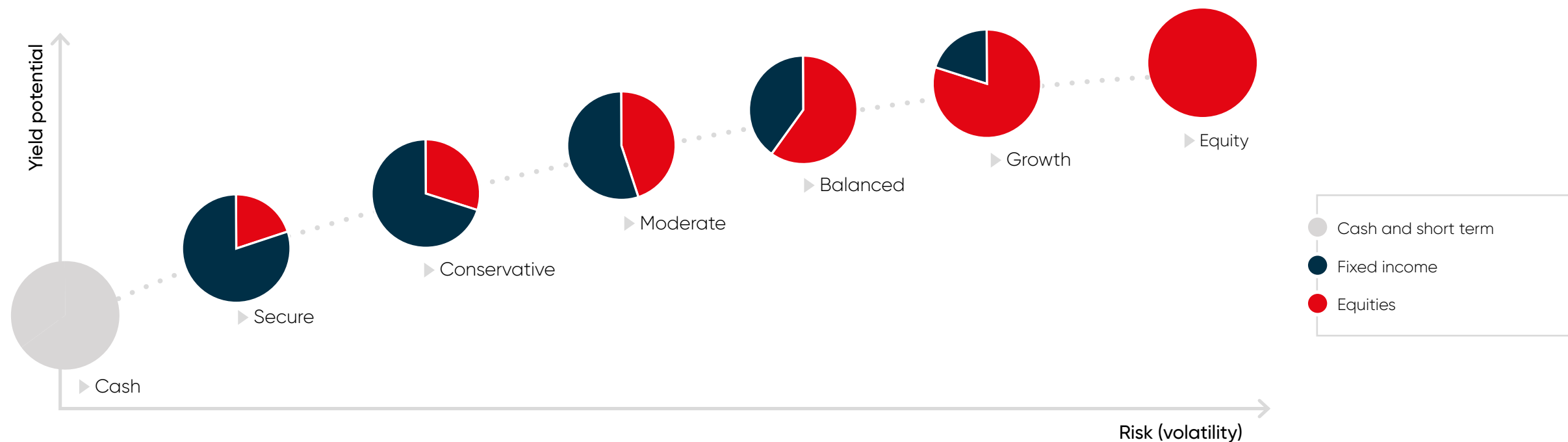




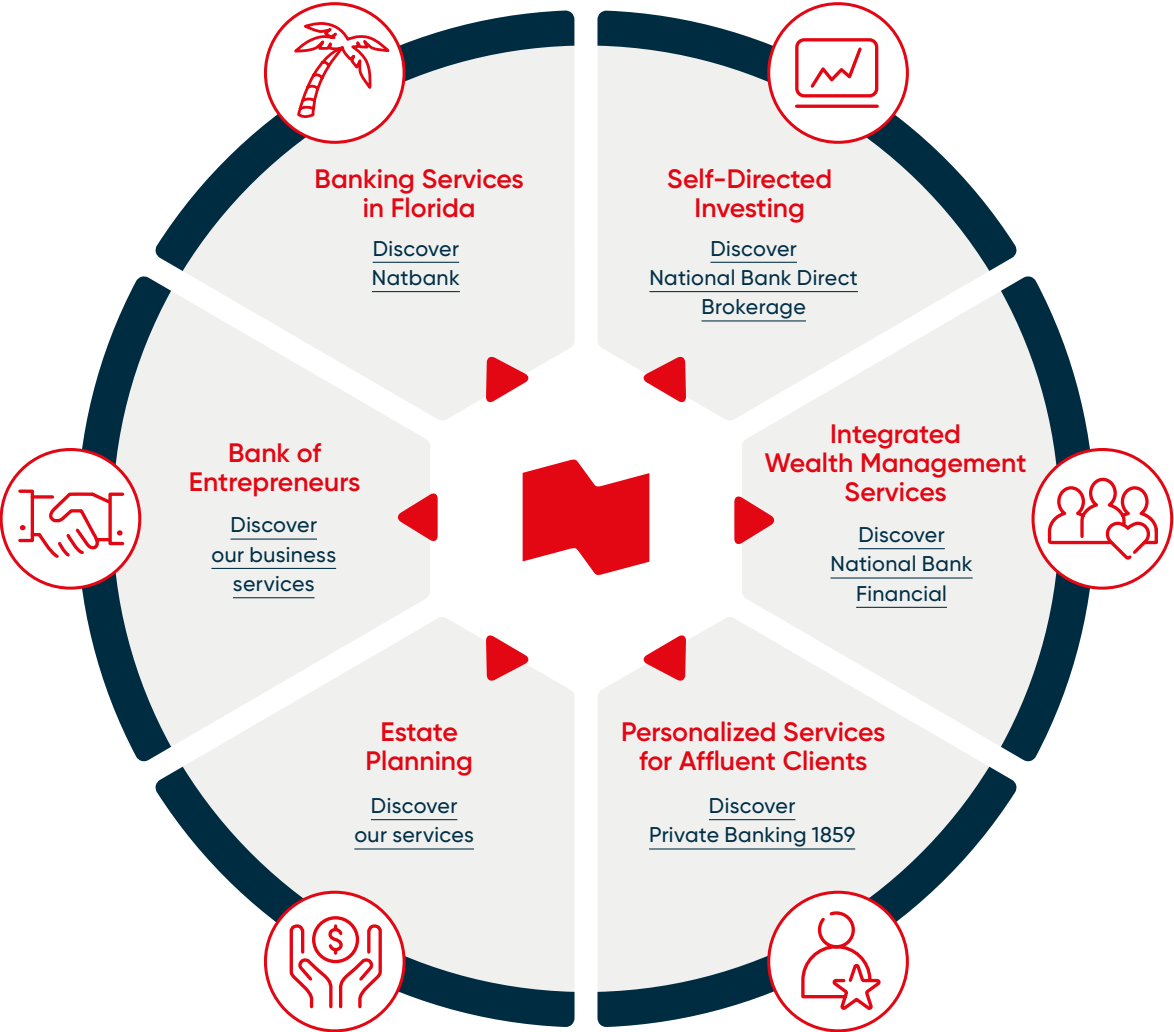
Do you know your investor profile?



Your investor profile helps you find the type of portfolio that suits you best. It is determined by your risk tolerance, goals and time for which you are willing to invest.



 Establish your investor profile





The information and data supplied in the present document, including information and data supplied by third parties, are considered accurate at the time of their printing and were obtained from sources which we considered reliable. We reserve the right to modify them without notice. This information and these data are supplied for information only. No representation or guarantee, explicit or implicit, is made as to the exactness, the quality and the complete character of this information and these data.

The present document aims to supply general information and must on no account be considered as offering investment, financial, fiscal, accounting or legal advice. The present document on no account recommends the purchase or sale of any given security and it is strongly recommended that the reader consult an advisor of the financial sector and/or a professional tax consultant before engaging in any purchase or sale transaction of a security.

National Bank Financial – Wealth Management (NBFWM) is a trademark owned by National Bank of Canada (NBC) that is used under licence by NBF. NBF is a member of the Canadian Investment Regulatory Organization (CIRO) and the Canadian Investor Protection Fund (CIPF), and is a wholly owned subsidiary of NBC, a public company listed on the Toronto Stock Exchange (TSX: NA).

Private Banking 1859 (PB 1859) is a division of National Bank Financial Inc. (NBF), as well as a trademark owned by National Bank of Canada (NBC) that is used under licence by NBF.

National Bank Direct Brokerage (NBDB) is a division of National Bank Financial Inc. (NBF) providing operations without advice services, as well as a trademark owned by National Bank of Canada (NBC) that is used under licence by NBF.

® NATIONAL BANK, PRIVATE BANKING 1859, NATBANK, NATIONAL BANK FINANCIAL and the NATIONAL BANK logo are registered trademarks of National Bank of Canada.

® National Bank Direct Brokerage (NBDB) is a division of National Bank Financial Inc. (NBF), as well as a trademark owned by National Bank of Canada (NBC) that is used under licence by NBF.

© National Bank of Canada, 2025. All rights reserved. Any reproduction, in whole or in part, is strictly prohibited without the prior written consent of National Bank of Canada.

